



## COMPOSITION

Each chewable tablet contains Ascorbic Acid BP and Sodium Ascorbate BP equivalent to Ascorbic Acid BP (Vitamin C) 250 mg.

## PHARMACOLOGY

It is water-soluble vitamin and an antioxidant that protects body from free radical damage. It is used as therapeutic agent in many diseases and disorders. Vitamin C protects the immune system, reduces the severity of allergic reactions and helps to fight off infections.

## INDICATIONS

It is indicated for prevention and treatment of scurvy.

## DOSAGE & ADMINISTRATION

Adults and children over 6 years: Not less than 250 mg daily. Maximum safe dose for adults is 2000 mg daily in divided doses.

## CONTRAINDICATION

It is contraindicated in patients with hypersensitivity to the active substance or to any of the excipients of the tablet. Vitamin C should not be given to patients with Hyperoxaluria.

## WARNING AND PRECAUTIONS

Vitamin C may interfere with certain analytical tests for glucose, uric acid, creatinine and occult blood.

## SIDE-EFFECTS

Vitamin C might cause headache, flushing, nausea, stomach cramps etc.

## DRUG INTERACTIONS

Concomitant intake of Aspirin may interfere with absorption of Vitamin C and Aluminium containing antacid may increase urinary Aluminium elimination. Concomitant intake of antacid and Vitamin C is not recommended for renal insufficiency patients.

## USAGE IN PREGNANCY & LACTATION

Pregnant women should exercise caution before taking Vitamin C. It is excreted in breast milk and no evidence shows this excretion is hazardous to the infant.

## USE IN CHILDREN & ADOLESCENTS

Maximum dose for 1 to 3 years children is 400 mg, 4 to 8 years 650 mg and 9 to 13 years 1200 mg.

## OVERDOSAGE

Large dose of Vitamin C may cause diarrhea and the formation of renal oxalate calculi. Symptomatic treatment may be required.

## STORAGE CONDITION

Keep below 30°C temperature, protected from light and moisture. Keep out of the reach of children.

## HOW SUPPLIED

Each box contains 100's tablets in Alu-Alu strip pack.